

# Cookbook of PEP for Driver Education

## MT CURRICULUM GUIDE

M 4

Objective: Putting the Vehicle into Motion

### INGREDIENTS

Divide students into groups of three

Each group needs two chairs to simulate the front seats

Simulated Steering Wheel and gas/brake simulator

### INSTRUCTIONS

Student #1 demonstrates the 9 good habits for putting the vehicle into motion while the other two observe and give feedback on performance:

1. Press firmly on the foot brake
2. Move gear selector to "drive"
3. Release park brake while pressing foot brake
4. Check traffic ahead and behind
5. Activate turn signal, check mirrors again
6. When clear release foot brake and press gently on the accelerator
7. Head check and mirror check
8. Cancel signal
9. Adjust speed for traffic

Repeat until all student have completed the activity successfully

## MT CURRICULUM GUIDE

M 4

Objective: Smooth acceleration and braking

### INGREDIENTS

One long (preferred) balloon per student

One file folder per student

Staplers

Rulers

Black markers

Duct or masking tape

See Activity #80

### INSTRUCTIONS

Instruct student to inflate balloons to about 9-10 inches.

- Insert the balloon in the file folder and roll the end of the folder over just enough to cover the balloon with an inch or two excess overlapping
- Staple the two ends of the folder to hold the balloon in place
- Cover the seam (the up side) and the staples with tape
- Draw a 2" X 5" accelerator pedal on the right edge of the up side
- Leave a 2" gap and draw a 5" X 2" brake pedal

Good braking habits include keeping the heel on the floor, pivoting between the brake and accelerator. Ball of foot on the pedal. Squeeze the pedal.

On your command, have students practice acceleration and braking without popping the balloon.

